



# **13th Annual BC Nurse Practitioner Association Conference**

## **PROGRAM**

**June 7, 8, 9, 2018**

**Vancouver Island Conference Centre, Nanaimo, BC**

BCNPA Conference 2018 June 7-9, 2018  
Vancouver Island Conference Centre



13<sup>th</sup> Annual BC Nurse Practitioner Conference – June 7, 8, 9, 2018 Nanaimo, BC

Day 1 Pre-Conference – Thursday, June 7, 2018					
0900 - 1000	Registration				
Workshops 1000 – 1200 (2 hours)	<b>Low Back Pain ...Not Again?</b>  <i>Dr. Kevin Letcher, MD, FRCPC, Dip. Sport Med</i>	<b>Advanced Primary Care for Transgender Patients (Part A)</b>  <i>Dr. Maria Townsend, MD, CCFP, Medical Director, Trans Care BC</i>	<b>Joint Injections</b>  <i>Beth Berlin, NP(F) Celia Evanson, NP(F)</i>	<b>The Neurobiological Impact of Trauma: How you can be an Agent of Change (Part A)</b>  <i>Jan Ference, BEd,MS,NMT Certified, IPMHF</i>	<b>The Long and Short of Heart Failure</b>  <i>Hazel Porteous, MN/NP Jacqueline Lum, MN/NP</i>
1200 - 1300	Lunch – on your own				
Workshops 1300 – 1500 (2 hours)	<b>Treatment of Alcohol Use Disorder – Beyond AA and Detox</b>  <i>Zak Matieschyn, MSN, NP(F), Addiction NP Fellow – BC Centre on Substance Use</i>	<b>Advanced Primary Care for Transgender Patients (Part B)</b>  <i>Dr. Maria Townsend, MD, CCFP, Medical Director, Trans Care BC</i>	<b>Suturing 101</b>  <i>Beth Berlin, NP(F) Celia Evanson, NP(F)</i>	<b>The Neurobiological Impact of Trauma: How you can be an Agent of Change (Part B)</b>  <i>Jan Ference, BEd,MS,NMT Certified, IPMHF</i>	<b>IUD Insertion</b>  <i>Diane Middagh, NP(F)</i>
1500 - 1530	Break				
1530 – 1830	<b>BCNPA Annual General Meeting NNPBC/BCNPA Updates</b>				
1830 – 2000	Welcome Reception				

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Day 2 – Fri. June 8, 2018				
0730 – 0830	<i>Registration</i>		<i>Breakfast</i>	
0830 – 1000	Welcome & Introductions                      Opening Prayer - First Nations Representative <b>Keynote Address: Global Perspectives of Advanced Nursing Practice Roles</b> <i>Dr. Melanie Rogers, PhD, Queens Nurse, MSc ANP, BSc N, RGN, Dip A&amp;E, Dip Counselling, Dip Women's Hlth, Dip HPE, PGCE, and FHEA, Chair - Internat. Council of Nurses, Np/Advanced Practice Nurse Network</i>			
1000 – 1030	<i>Break</i>		<i>Visit Exhibits</i>	
Concurrent Sessions 1030-1130 (1 hour)	<b>Location, Location, Location: Understanding Neurological Assessments to Create Neurology Differential Diagnoses</b>  <i>Sandra Broughton, NP(A), ACNS-BC, CNRN</i>	<b>Navigating the “Wild West” of Weight Loss Products and Diets &amp; Understanding the Defence of a Weight Set Point</b>  <i>Kirstin McKinnon NP(F), NSHC Certified Health Coach, BCRPA Certified Personal Trainer</i>	<b>Primary Care for Gender Diverse, Non-Binary and Trans Gender Patients</b>  <i>Linda Van Pelt, MScN, NP(F), Jennifer Beaveridge, MSN, DNP(c), NP(F) Zak Matieschyn, MSN, NP(F)</i>	<b>Tips to Manage Chronic Non Cancer Pain</b>  <i>Ruth Ringland, NP(F)</i>
1130-1200	<i>Visit Poster Presentations</i>			
1200 - 1300	<i>Lunch</i>		<i>Networking</i>	<i>Visit Exhibits</i>
Plenary 1300 -1400(1hr)	<b>Hepatitis Treatment in Primary Care</b> <i>Dr. Edward Tam, MD, RCPSC</i>			
Concurrent Sessions 1405 - 1505 (1 hour)	<b>Client Centered Text Support in Primary Care</b>  <i>Lisa Corsie, NP(F), Donna Duffy, BSN, MPH, CDE Alissa MacMullin, MPH, MSc Cand.</i>	<b>Rheumatology</b> <i>Dr. Alison Kydd, MD, RCPSC</i>	<b>Pancreatic Cancer: Why Early Diagnosis and Individualized Treatment is Key!</b>  <i>Carolyn Hoeschen, MN, NP(F)</i>	<b>Medicinal Cannabis: Controversies and Practicalities</b>  <i>Anita Dotts, NP(F)</i>
1505 - 1535	<i>Break</i>		<i>Visit Exhibits</i>	
Concurrent Sessions 1540 – 1640 (1 hour)	<b>Update on Fertility</b>  <i>Dr. Jason A. Hitkari, MD, FRCS(C), Department of Ob/Gyn, UBC</i>	<b>Development of Addiction NP Fellowship</b>  <i>Zak Matieschyn, MSN, NP(F), Addiction NP Fellowship – BC Centre on Substance Use</i>	<b>Medication Reviews: One Clinics Experience with Polypharmacy in Primary Care</b>  <i>Lori Verigin, MSN, NP(F)</i>	<b>THE QUEST - Choose Your Diabetes Patient Journey</b> <i>Dr Rustom Guzder, MD, RCPSC</i>
Plenary: 1645 – 1730 (45)	<b>COPD - New Guidelines</b> <i>Dr. Pearce Wilcox, MD, FRCPC, Professor, Department of Medicine, UBC</i>			
1900 – 2300	<b>Networking Gala Dinner</b>			

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Day 3 – Sat. June 9, 2018				
0800 - 0845	Breakfast		Sponsor Exhibits	
Plenary 0845-0945 (1 hr)	<b>First Nations Alternative Therapies</b> <i>Della Rice-Sylvester</i>			
Plenary 0950 –1050 (1hr)	<b>Nursing Policy Secretariat Update</b>			
1050-1110	Break		Exhibits	
Concurrent Sessions 1115-1215 (1 hour)	<b>NP and the Seriously Ill – Essentials in Communication, Careplanning and Care Coordination</b> <i>Camara Van Breemen, MN,CHPCN(C),NP(F)</i>	<b>A Balancing Act for NPs: Pharmaceutical Industry Influence on Prescribing Practices</b> <i>Jessica Peart, BSN,BA,RN(C), MN-NP Student</i> <i>Sarah Wolfson, BSN,BA,RN, MN-NP Student</i>	<b>Eating Disorders 101: From NP and Patient Perspective</b> <i>Lynn Guengerich, MS,NP(P)</i> <i>Jennifer Irvine, BSN,RN, MN-NP(F) Student</i>	<b>Spiritually Competent Practice in Health Care</b> <i>Dr. Melanie Rogers, PhD, Queens Nurse, MSc ANP, BSc N, RGN</i>
Lunch 1215-1300 (45min)	Lunch		Networking	Visit Exhibits
Concurrent Sessions 1305-1405 (1 hr)	<b>Updates in Pulmonary Hypertension from the World Symposium - Nice 2018</b> <i>Lisa Lee, NP(F)</i> BC Pulmonary Hypertension Clinic	<b>Constipation and Encopresis in Children</b> <i>Lynn Guengerich, MS,NP(P)</i>	<b>Views on Primary Care in Residential Facilities in BC</b> <i>Isobel Mackenzie, MBA</i> BC Seniors Advocate	<b>Refined Trigger Point Injection for Myofascial Pain</b> <i>Barb Eddy MN NP(F) and Dr. Greg Siren MD CCFP FCFP</i>
Concurrent Sessions 1410-1510 (1 hr)	<b>Attention Deficit Hyperactivity Disorder</b> <i>Dr. Mark Lund, MD, RCPSC</i>	<b>The Difficult Patient</b> <i>Dr. Chris Blashko, RCPSC - Psychiatry</i>	<b>Ten Secrets to Providing Forensic Care to Victims of Violence</b> <i>Hannah Varto, NP(F),MN,SANE-A</i>	<b>Preparing NPs for Specialized Practice: NP Fellowships May Be the Answer</b> <i>Lorine Scott, MN, NP(F)</i> <i>Natasha Prodan-Bhalla, DNP,MN,NP(A),BScN</i>
Plenary 1515-1615 (1 hr)	<b>Landscape of Competence (How our practice evolves and it is ok to make mistakes)</b> <i>Dr. Hector Baillie, MD, FRCPC</i>			
16:20-1630	Closing			

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Please take the time and visit the poster presentations covering these interesting and varied topics on research and innovative practice.

**Poster Presentations**

1. **Group Medical Visits** *Esther Ho, RN, MScN-NP(F) Student*
2. **StreetMessenger and Processes of Outreach** *Tracey Axellson*
3. **Role of Primary Care in Responses to Wild Fires Summer of 2017** *Helen Bourque, NP Lead – Northern Health Authority*
4. **Managing Adult Non Fatal Acute Strangulation** *Hannah Varto, NP(F), SANE-A*
5. **Transforming Pediatric Asthma Care Through the Implementation of Evidence Based Clinical Practice Guidelines**  
*Minna Miller, DNP, NP(F) and Ingrid Baerg, BSN, RN, CAE*

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